

Registration & Information

Mischul Brownstone
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Registration

Saturday, April 3, 2010
One Day Workshop

\$30 to register with this form
plus contribution at workshop

Name _____

Address _____

Phone _____

Email _____

Profession & Years Practicing:

Check enclosed

VISA or MC # _____

Expiration Date: _____

3 digit code on back: _____

Signature _____

If card address is different from above
please provide it here: _____

DATE & FEE

Saturday, April 3, 2010

\$30 to cover costs at registration
plus

Contribution to honor
the Teaching & Teacher
at workshop

Please register early

These workshops are part of an ongoing series. They can be taken individually and you can also continue to develop your talents via the cumulative effect of attending the series. Ask to be notified of upcoming workshops.

Next Workshop in Series

Call or Email for date

Training Location

Touchstone Healing Arts
187 St. Paul Street
Burlington, Vermont

Free Introductory Workshops

Please contact Mischul if you'd like to arrange a 1-2 hour free introductory workshop for your group.

Language of TouchSM

An advanced training for those
who use touch in their work

One Day Workshop
Saturday, April 3
10am - 5pm

In Burlington, Vermont

with

Mischul Brownstone
Guild Certified Feldenkrais Practitioner^{CM}



**Unlock Your Talents and
Deeply Enjoy Your Work**

“Our hands are the messengers of our hearts.”

Mischul Brownstone

As we find our way into what I call the age of integration, we realize that there are many kinds of truths. Rational thought, intuition, external realities, internal knowing, individual responsibility, the support that a community gives us -- are all part of the influences that each of us balance in her or his own particular way.

Those of us who are drawn to work in the professions that use touch have the privilege (some would say obligation) to come into our own bodies, be more solid, clarify boundaries and learn to be present.

One of the aims of *Language of Touch* is to help you internalize an unshakeable trust in yourself as a learner.

This training provides a way to take the touch aspect of your work deeper, developing confidence in being present - with qualities you know are meaningful, but can't always articulate.

About the Training

A client's openness to what you offer is influenced by many factors, including the safety that comes from clear boundaries, the competence and confidence that the client senses and touch that is caring and respectful.

During this training you will:

- Deepen your presence.
- Increase your trust in using your own sensibilities.
- Know that you are connecting with your clients.
- Give and receive feedback with peers in a respectful, supportive environment.
- Eliminate burnout.

About Mischul Brownstone

Mischul Brownstone GCFP*, creator of *Language of Touch* has been working with touch in its subtle and concrete effects since 1973 - first as a masseur and then as a *Feldenkrais® Practitioner* since 1983. He has taught year-long training programs, workshops and presentations at Feldenkrais Annual Conferences, Vermont Massage Guild, UVM College of Medicine, American Holistic Nurses Assoc. in Vermont and the Vermont Assoc. of Counseling & Development. He lives with his wife, the artist Annemie Curlin, in Charlotte, Vermont.

Comments from participants in Language of Touch trainings

“Mischul’s workshop changed how I work with people and how I think about that work. Not only are the results for my clients better, but my own comfort and ease both during and after the lesson are enhanced. After Mischul’s one day workshop I felt like I’d gone on a meditation retreat for two days.”

- Sam Nelson, GCFP*, Author of “Singing with Your Whole Self: The Feldenkrais Method® and Voice”

“Mischul’s communication is extraordinary. His work provides deep and genuine support of my psyche. He has helped me to trust my experience, improving my ability to pay attention to my clients needs, while nurturing my own intuition.”

- Anastasi Siotas, GCFP*

“Mischul helped me recognize why I often feel more energized, connected, loving and joyful at the end of my day’s work. He has taken his gifts and put into words the subtler aspects of touch that allows us practitioners to listen with our fingers and engage with our clients and ourselves at a whole new level .”

- Heather Rice, DC

* Guild Certified Feldenkrais Practitioner